

AACN MOUNTAIN TO SOUND  
CHAPTER PRESENTS

## Currents In Critical Care & Progressive Care 2013

Seattle, Washington

October 29 & 30, 2013  
Shoreline Conference Center



### Don't miss these nationally acclaimed speakers:

Vicki Good (AACN President), Teri Kiss (AACN President-Elect),  
Debra McHale-Wiegand, Edie Brous Esq., Dr. Joseph Rosen,  
Dr. David Carlbom, Dr. Gary Weeks, Dr. Erin Kross,  
Elizabeth Bridges, Barbara McLean  
and more excellent speakers!!

Join us Tuesday October 29 for a  
Sunset Session with wine & cheese:  
Leadership Lessons Learned from the  
Back of a Dog Sled!



Early Bird Registration

Ends 9/12/13

MTS-AACN Members \$175

Non-Members \$225

\* After 9/12/13

MTS-AACN Members \$200

Non-Members \$250



**WWW.MTSAACN.ORG**

For online registration and conference information



2013 Mountain to Sound Symposium, Seattle

Tuesday October 29, 2013



7:15 am - 8:00 am	Vendors Open	Registration & Continental Breakfast <b>Food Drive Benefitting Northwest Harvest</b>		
8:00 am - 9:15 am		Introduction and Opening Session: Family Centered Care in the ICU Karen Carlson Lecture: Debra Lynn McHale-Wiegand		
9:15 am - 9:30 am		Break		
9:30 am - 10:45 am Breakout #1		<b>A</b> Documentation and Liability: How What You Write Shows Up in Court - Part I  Edie Brous	<b>B</b> Ethical Issues in Critical Care  Debra Lynn McHale-Wiegand	<b>C</b> Progressive Mobility  Janet Regan-Baggs
10:45 am - 11:15 am		Break		
11:15 am - 12:30 pm Breakout #2		<b>D</b> Documentation and Liability: How What You Write Shows Up in Court - Part II  Edie Brous	<b>E</b> ART MODEL: Integrating Technology and Resuscitation  Sheri Villanueva-Reiakvam Sponsored by Zoll	<b>F</b> Spinal Cord Injuries in the Critical Care Unit  Karen McQuillan
12:30 pm - 1:30 pm		Lunch		
1:30 pm - 2:45 pm Breakout #3		<b>G</b> Meeting the 21st Century Healthcare Challenge-Cybercare: Networked Based Personalized Medicine From Everyday Care to Disasters  Joseph Rosen	<b>H</b> Intra-abdominal Pressure Monitoring  Barbara McLean Sponsored by Convatec	<b>I</b> EZ-IO in the ICU Treating Sepsis and More  Robert Ault Sponsored by Vidacare
2:45 pm - 3:15 pm		Break		
3:15 pm - 4:30 pm Breakout #4		<b>J</b> Future of Simulation and Training for Critical Care Nurses  Joseph Rosen	<b>K</b> New Concepts in Interventional Cardiology  Gary Weeks	<b>L</b> Nurse Coaches as Healers: An Analysis of the Evidence  Fran Lewis
4:30 pm - 4:45 pm		Wrap-Up and Feedback		
Wine and Cheese Event 5:00 pm - 6:15 pm		Sunset Talk Leadership Lessons Learned from the Back of a Dog Sled Teri Kiss AACN President-Elect		



2013 Mountain to Sound Symposium, Seattle

Wednesday October 30, 2013



7:15 am - 8:00 am	Vendors Open	Registration & Continental Breakfast <b>Food Drive Benefitting Northwest Harvest</b>		
8:00 am - 9:15 am		Opening Session: How Will You "Step Forward" Keynote Address- Vicki Good (AACN President)		
9:15 am - 9:30 am		Break		
9:30 am- 10:45 am Breakout #1		<b>A</b> Palliative Care in the Critical Care Setting  Erin Kross	<b>B</b> Wound Care in the Critical Care Unit  Nancy Unger	<b>C</b> Raising the Bar  Elizabeth Bridges
10:45 am - 11:15 am		Break		
11:15 am - 12:30 pm Breakout #2		<b>D</b> EtCO <sub>2</sub> : The Next Vital Sign  David Carlborn	<b>E</b> Pharmacology & Diabetes  Cora Espina	<b>F</b> Critical Care Studies You Should Know About  Elizabeth Bridges
12:30 pm - 1:30 pm		Lunch		
1:30 pm - 2:45 pm Breakout #3		<b>G</b> Delirium: The Silent Killer  Debra Metter	<b>H</b> Renal Replacement & Liver Support: Two Organs, One Device  Amay Parikh Sponsored by Gambro	<b>I</b> Controversies in Management of Traumatic Brain Injuries  Patricia Blissitt
2:45 pm - 3:15 pm		Break		
3:15 pm - 4:30 pm Breakout #4		<b>J</b> Volunteerism: A Fresh Perspective on International Nursing  Khanhvy Doan	<b>K</b> ART MATRIX: A Model for Inpatient Cardiac Arrest  Sheri Villanueva- Reiakvam Sponsored by Zoll	<b>L</b> Critical Care in Combat: from Point of Injury through the ICU  LCDR Jeremiah Ingemunson
4:30 pm - 4:45 pm	Wrap-Up and Feedback			

# Speaker Information

**Robert Ault, RN**

Field Educator  
Vidcare  
Surgical Trauma ICU Staff Nurse  
Chippenham Hospital  
Richmond, VA

**Patricia Blissitt, RN, PhD, CCRN,  
CNRN, CCNS, CCM, ACNS-BC**

President MTS-AACN Chapter  
Neuroscience Clinical Nurse Specialist  
Harborview Medical Center and Swedish Medi-  
cal Center and Assistant Professor  
BioBehavioral Nursing and Health Systems,  
University of Washington  
Seattle, WA

**Elizabeth Bridges, PhD, RN, CCNS,  
FCCM**

Nurse Researcher, Patient Care Services UWMC,  
Associate Professor BioBehavioral Nursing and  
Health Systems  
University of Washington  
Seattle, WA

**Edith (Edie) Brous, RN, Esq.**

Solo Practice; Nurse Attorney  
New York County Health Services  
Organization  
New York, NY

**David Carlbom, M.D.**

Assistant Professor, Division of Pulmonary and  
Critical Care Medicine Associate Director,  
Emergency Services  
Harborview Medical Center  
Seattle, WA

**Erin Kross, M.D.**

Assistant Professor of Medicine  
Division of Pulmonary & Critical Care Medicine  
Harborview Medical Center  
University of Washington  
Seattle, WA

**Khanhvy Doan, RN**

Progressive Care Unit, Staff RN  
VA Puget Sound Health Care System  
Seattle, WA

**Cora Espina, MN, ARNP, CWCN**

Nurse Practitioner  
Glycemic Control Services  
University of Washington Medical Center  
Teaching Associate, UW School of Medicine  
Affiliate Instructor, UW School of Nursing  
Seattle, WA

**Vicki Good, RN, MSN, CENP**

President  
American Association of Critical Care Nurses  
Springfield, MO

**Jeremiah Ingemunson**

Lt. Commander  
Naval Station Bremerton  
United States Navy

**Teri Kiss, RN, MS, MSSW, CCRN,  
CMSRN**

President-Elect  
American Association of Critical Care Nurses  
Director of Medical Unit and Patient Quality  
Resources  
Fairbanks Memorial Hospital  
Fairbanks, AK

**Fran Lewis, RN, PhD, FAAN**

Professor  
Family and Child Nursing  
University of Washington  
Seattle, WA

**Debra Lynn McHale-Wiegand, RN, PhD,  
MBE, CCRN, CHPN, FAHA, FAAN**

Assistant Professor, OSAH  
University of Maryland  
Baltimore, MD

**Barbara McLean**

Critical Care Practice Consultant  
Critical Care Clinical Nurse Specialist  
Consultant to Atlanta Medical Center  
Atlanta, GA

**Karen McQuillan, RN, MS, CNS-BC,  
CCRN, CNRN, FAAN**

AACN Board of Directors 2011-2014  
Clinical Nurse Specialist  
Adams Cowley Shock Trauma Center  
University of Maryland Medical Center  
Baltimore, MD

**Debra Metter, RN, MN, CCRN, CCNS**

Trauma and Critical Care Clinical Nurse Specialist  
Harborview Medical Center  
Seattle, WA

**Amay Parikh, MD, MBA**

Assistant Professor, Division of Nephrology and  
Pulmonary / Critical Care Medicine  
Rutgers-Robert Wood Johnson University Hospital  
New Brunswick, NJ

**Janet Regan-Baggs, RN, DNP, MN,  
CCRN**

Critical Care Clinical Nurse Specialist,  
University of Washington  
Seattle, WA

**Joseph Rosen, MD**

Professor of Surgery  
Dartmouth-Hitchcock Medical Center  
Adjunct Professor of Engineering and Senior Lecturer  
Dartmouth Medical School  
Lebanon, NH

**Nancy Unger, RN, ARNP, MN, MPH**

Wound & Ostomy Nurse Practitioner  
Harborview Medical Center  
Seattle, WA

**Sheri Villanueva-Reiakvam, RN**

Staff RN/CN-II, CCU-MICU  
BART/ART Resuscitation Instructor  
UCSD Medical Center-Hillcrest  
San Diego, CA

**Gary Weeks, M.D.**

Cardiologist  
Summit Cardiology  
Seattle, WA

## Thank you 2013 Mountain to Sound Education Committee!

**Co-Chair:**

Chris Laux, MSN, ACNS-BC

**President:**

Pat Blissitt, PhD, CCNS

Kitty Hobson, RN, MS

Karen Paulsen, RN, MSN, ACNS-BC

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Jamie Sherry, RN, BSN, CCRN

Lindsay Boyd, RN, MS, CCRN

Mary Jo Kelly, MN, CCNS

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Collyn West, RN, BSN, PCCN

Khanhvy Doan, RN, BSN

Mary McCarthy, RN, PhD

**Industry Relations:**

Birgit Weeks, RN, MSN

Melissa Hutchinson, MN, CCNS

Sarah McWilliams, RN, CCRN

## 2013 Mountain to Sound AACN Symposium Registration Form

### 3 WAYS TO REGISTER:

**Online Registration:** [www.mtsaacn.org](http://www.mtsaacn.org)

**Fax:** 267-629-3758

**Mail:** MTS 9594 1st Ave NE #232 Seattle, WA 98115-2012

### Please Print:

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Billing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Employer: \_\_\_\_\_

Current MTS AACN Member? Yes  No  National AACN # & Expiration Date \_\_\_\_\_

### Registration Fees:

Early Bird Fee postmarked by September 12, 2013	Regular Prices postmarked after September 12, 2013
<input type="checkbox"/> 2 Day Non Member of MTS Chapter \$225	<input type="checkbox"/> 2 Day Non Member of MTS Chapter \$250
<input type="checkbox"/> 2 Day Member of MTS Chapter \$175	<input type="checkbox"/> 2 Day Member of MTS Chapter \$200
<input type="checkbox"/> 1 Day <i>Please check date</i> <input type="checkbox"/> 10/29 <input type="checkbox"/> 10/30 \$125	<input type="checkbox"/> 1 Day <i>Please check date</i> <input type="checkbox"/> 10/29 <input type="checkbox"/> 10/30 \$150
<input type="checkbox"/> 2 Day Undergraduate Nursing Student \$150 <i>**MUST present school ID</i>	Nursing School: _____

### Please note which break out session you plan on attending:

Breakout Sessions : Tuesday October 29, 2012	Breakout Sessions: Wednesday October 30, 2012
Breakout Session #1 9:30-10:45a <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	Breakout Session #1 9:30-10:45a <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C
Breakout Session #2 11:15-12:30p <input type="checkbox"/> D <input type="checkbox"/> E <input type="checkbox"/> F	Breakout Session #2 11:15-12:30p <input type="checkbox"/> D <input type="checkbox"/> E <input type="checkbox"/> F
Breakout Session #3 1:30-2:45p <input type="checkbox"/> G <input type="checkbox"/> H <input type="checkbox"/> I	Breakout Session #3 1:30-2:45p <input type="checkbox"/> G <input type="checkbox"/> H <input type="checkbox"/> I
Breakout Session #4 3:15p-4:30p <input type="checkbox"/> J <input type="checkbox"/> K <input type="checkbox"/> L	Breakout Session #4 3:15p-4:30p <input type="checkbox"/> J <input type="checkbox"/> K <input type="checkbox"/> L
Sunset Session 5:00-6:15p <input type="checkbox"/> Yes <input type="checkbox"/> No	

### Registration Dues:

I want to join MTS AACN- \$20/year National AACN # & Expiration Date (required) \_\_\_\_\_

Conference Fee: \$ \_\_\_\_\_ MTS Membership: \$ \_\_\_\_\_ Donation to Karen Carlson Fund: \$ \_\_\_\_\_

Total Due \$ \_\_\_\_\_  Check (Payable to Mountain to Sound Chapter)  Visa  Master Card

Credit Card Number: \_\_\_\_\_ Exp: \_\_\_\_\_ / \_\_\_\_\_ CVV: \_\_\_\_\_

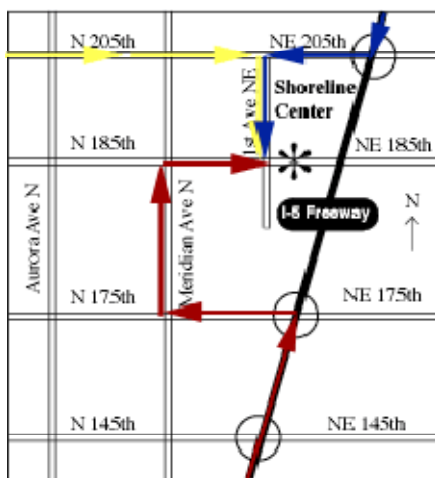
**Refund Policy:** Cancellation requests received before October 24, 2013 will be refunded 80% of the registration fees. Cancellation requests received on or after October 24 will receive 50% of the registration fees. The day of the conference no refunds will be given.

Communicate requests via email: [education@mtsaacn.org](mailto:education@mtsaacn.org)

Mountain to Sound Chapter of AACN  
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Seattle, WA. 98115-2012



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### **Driving Directions to Shoreline Conference Center, Shoreline, WA**

#### **Northbound**

Take I-5 North to NE 175th St. (exit #176 for Shoreline).  
Turn left onto NE 175th St. and go to Meridian Ave. N.  
Turn right onto Meridian Ave. N and go to N. 185th St.  
Turn right on N. 185th and go to 1st Ave. NE.  
Turn left on 1st Ave. NE. The Shoreline Center is on your right. (You are at the South end of the center.)

#### **Southbound**

Take I-5 South to NE 205th St. Lake Forest Park (exit #177). Exit Westbound (right).  
Turn right on to NE 205th and go to 1st Ave. NE  
Turn left on 1st Ave. NE and continue South for .5 mile.  
The Shoreline Center will be on your left. (You are at the north end of the center.)

**Parking at the Shoreline Conference Center is available at no additional charge.**