40th Annual Symposium
Currents in Critical & Progressive Care

October 3 & 4, 2016
Lynnwood Convention Center

Don’t miss these nationally acclaimed speakers:
Clareen Wiencek (AACN President), Chris Schulman (AACN President-Elect),
Dr. William Dobyns (Zika Virus Expert), Nicole Kupchik, Debbie Brinker,
Dr. Alex Garrard (WA Poison Control), Kathleen Vollman,
Carol Jacobson, Kaci Hickox and many more
including a special Pediatrics track!

www.MTSAACN.org
For online registration & conference information
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:15 - 8:00 AM</td>
<td>Registration &amp; Continental Breakfast</td>
</tr>
<tr>
<td>8:00 - 9:15 AM</td>
<td>Introduction &amp; Opening Session</td>
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<tr>
<td></td>
<td>Clareen Wieneck AACN President</td>
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<tr>
<td>9:15 - 9:30 AM</td>
<td>Break</td>
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<tr>
<td>9:30 - 10:45 AM</td>
<td>Breakout #1</td>
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<tr>
<td>10:45 - 11:15 AM</td>
<td>Breakout #2</td>
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<tr>
<td>11:15 - 12:30 PM</td>
<td>Breakout #3</td>
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<tr>
<td>12:30 - 1:30 PM</td>
<td>Lunch (Provided) SimWARS</td>
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<tr>
<td>1:30 - 2:45 PM</td>
<td>Breakout #4</td>
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<tr>
<td>2:45 - 3:15 PM</td>
<td>Break</td>
</tr>
<tr>
<td>3:15 - 4:30 PM</td>
<td>Breakout #4</td>
</tr>
<tr>
<td>4:30 - 4:45 PM</td>
<td>Wrap-up &amp; Feedback</td>
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<tr>
<td>5:00 - 6:15 PM</td>
<td>Sunset Session - Wine &amp; Cheese Event</td>
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<tr>
<td></td>
<td>The Role of the Gut in Critical Illness and Injury: No Longer an Afterthought</td>
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<td>Chris Schulman</td>
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</tbody>
</table>
# AACN Mountain to Sound Chapter
## Day 2: Tuesday, Oct 4, 2016

<table>
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<tr>
<td>7:15 - 8:00 AM</td>
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<tr>
<td>8:00 - 9:15 AM</td>
<td><strong>Karen Carlson Keynote Address</strong></td>
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<tr>
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<td>Creating an Environment of Expertise: Tapping Into Passions and Talent</td>
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<tr>
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<td>Chris Schulman AACN President-Elect</td>
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<tr>
<td>9:15 - 9:30 AM</td>
<td><strong>Break</strong></td>
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<td>The Toke of the Town: Implications of Medical &amp; Recreational Marijuana</td>
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<tr>
<td>9:30 - 10:15 AM</td>
<td>What Neurotechnology Does and Does Not Do for You</td>
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<td></td>
<td>Dr. Pat Blissitt</td>
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<tr>
<td>9:30 - 10:45 AM</td>
<td>Post-Intensive Care Syndrome (PICS)</td>
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<td>Patricia Hetrick</td>
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<tr>
<td>9:15 - 9:30 AM</td>
<td><strong>Break</strong></td>
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<tr>
<td>9:30 - 10:45 AM</td>
<td>Breakout #1</td>
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<td></td>
<td>Kids These Days... Newer Drugs of Abuse</td>
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<td>Dr. Alex Garrard</td>
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<tr>
<td>11:15 - 12:30 PM</td>
<td>Breakout #2</td>
</tr>
<tr>
<td></td>
<td>Takotsubo Cardiomyopathy</td>
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<td></td>
<td>Judy Borish</td>
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<td>11:15 - 12:30 PM</td>
<td>Society of Critical Care Medicine ICU Liberation Campaign: Local Perspective on a National Journey</td>
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<td></td>
<td>Dr. Griffith M. Blackmon</td>
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<tr>
<td>12:30 - 1:30 PM</td>
<td><strong>Lunch (Provided) Door Prizes Awarded, including NTI Registration!!!</strong></td>
</tr>
<tr>
<td>1:30 - 2:45 PM</td>
<td>Breakout #3</td>
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<tr>
<td></td>
<td>Some Things to Know About the LGBT Community</td>
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<tr>
<td></td>
<td>Zelda Wilkinson</td>
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<tr>
<td>2:45 - 3:15 PM</td>
<td><strong>Break</strong></td>
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<tr>
<td>3:15 - 4:30 PM</td>
<td>Breakout #4</td>
</tr>
<tr>
<td></td>
<td>A Clinical Review of Gluten Intolerance &amp; Celiac Disease</td>
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<tr>
<td></td>
<td>Nadine Grzeskowiak</td>
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<tr>
<td>4:30 - 4:45 PM</td>
<td><strong>Wrap-up &amp; Feedback</strong></td>
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</table>

The Keynote address is sponsored by the MTS Chapter Karen Carlson Fund. In 2007, Seattle lost a wonderful nurse, educator and leader when Karen passed away after an 8 year battle with breast cancer. In memory of her devotion to nursing and AACN, the Karen Carlson Keynote Address was created.
The 40th Critical & Progressive Care Symposium
October 3 & 4, 2016

3 ways to register:

1. Online Registration www.mtsaacn.org
2. Fax 267-629-3758
3. Mail MTS · 1425 Broadway #543 · Seattle, WA 98122

Please Print:
First Name ______________________________________     Last Name ______________________________________
Billing Address ___________________________     City ____________________     State ________     Zip ___________
Email ____________________________  Phone _____________________  Employer ____________________

Current MTS AACN Member? Yes □ No □ National AACN# and Expiration Date ______________________________

<table>
<thead>
<tr>
<th>Early Bird Registration Fees (Postmarked by Sept 5)</th>
<th>Regular Registration Fees (Postmarked after Sept 5)</th>
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<tbody>
<tr>
<td>□ 1 Day Please check date □ 10/3 □ 10/4 $ 135</td>
<td>□ 1 Day Please check date □ 10/3 □ 10/4 $ 160</td>
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<tr>
<td>□ 2 Day Member of the MTS Chapter $ 185</td>
<td>□ 2 Day Member of the MTS Chapter $ 210</td>
</tr>
<tr>
<td>□ 2 Day Non Member of the MTS Chapter $ 235</td>
<td>□ 2 Day Non Member of the MTS Chapter $ 260</td>
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<tr>
<td>□ 2 Day Nursing Student $ 150</td>
<td>Nursing School:</td>
</tr>
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</table>

** Must present school ID

Please note which break out session you plan on attending:

<table>
<thead>
<tr>
<th>Monday Oct 3, 2016 Breakout Sessions</th>
<th>Tuesday Oct 4, 2016 Breakout Sessions</th>
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<tbody>
<tr>
<td>1 9:30 am - 10:45 am □ A □ B □ C</td>
<td>1 9:30 am - 10:45 am □ A □ B □ C</td>
</tr>
<tr>
<td>2 11:15 am -12:30 pm □ D □ E □ F</td>
<td>2 11:15 am -12:30 pm □ D □ E □ F</td>
</tr>
<tr>
<td>3 1:30 pm - 2:45 pm □ G □ H □ I</td>
<td>3 1:30 pm - 2:45 pm □ G □ H □ I</td>
</tr>
<tr>
<td>4 3:15 pm - 4:30 pm □ J □ K □ L</td>
<td>4 3:15 pm - 4:30 pm □ J □ K □ L</td>
</tr>
<tr>
<td>5:00 pm - 6:15 pm Sunset Session □ Yes □ No</td>
<td>Wine &amp; Cheese Event on Monday Oct 3 with Chris Schulman</td>
</tr>
</tbody>
</table>

Registration Dues:

□ I want to join MTS AACN! $20/year National AACN # and Expiration Date (required) ______________________________

Conference Fee $ _____________    MTS Membership $ _____________ Donation to Karen Carlson Fund $ _____________

Total Due $ _____________ □ Check (payable to Mountain to Sound Chapter) □ Visa □ MC

Credit Card Number _______________________________________________ Exp _____________ CVV _____________

Refund Policy: Cancellation requests received before September 19, 2016 will be refunded 80% of the registration fees. Cancellation requests received on and after September 19 will receive 50% of the registration fees. The day of the conference, no refunds will be given.

Communicate requests via email: education@mtsaacn.org
**Symposium**

Join us in our 40th Anniversary Symposium of top notch education for Seattle-area nurses.

**Exhibits**

Participate in our Vendor Passport to win a scholarship registration for NTI next year in Houston.

**SimWARS**

Form a team and compete in this fun, high-energy competition challenging each other in simulated patient scenarios. Takes place during lunch on Mon Oct 3. Sponsored by Laerdal.

**Posters**

Poster submissions will be welcomed. Please visit [www.mtsaacn.org](http://www.mtsaacn.org) for details.

**Food Drive**

We will continue our support of Northwest Harvest Food Bank. Bring a nonperishable food donation each day and we will say thank-you with an extra door prize ticket!

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A special Thank You to the hardworking members of the 2016 Education Committee

**Co-chairs**

Donna Rodger, RN, CCRN-CMC
Tarrah Calender, MN, RN, CCRN

**President**

Lapio Choe, BSN, RN, PCCN

**Industry Relations**

Natalie Alotis Lovely, BSN, RN, CCRN, PCCN

**Members**

Pat Blissitt, PhD, ARNP-CNS, CCNS
Judy Borish, MSN, RN, CCRN
Khanhvy Doan, BSN, RN
Melissa Hutchinson, MN, CCNS
Mary Jo Kelly, MN, ARNP-CNS, CCRN, ACNS-BC, CCNS
Jamie Myers, BSN, RN
Karen Paulsen, MSN, RN, ACNS-BC
Joya Pickett, PhD, CCNS, ACNS-BC
Medha Raval, BSN, RN
Melinda Slayton, RN, CCRN
Collyn West, MSN, RN, PCCN

If you are interested in becoming more involved in the Mountain to Sound Chapter, please contact: [education@mtsaacn.org](mailto:education@mtsaacn.org)
Speaker Information

Griffith M. Blackmon, MD, MPH
Medical Director
Critical Care Services
Harborview Medical Center
Society of Critical Care Medicine ICU Liberation Campaign: Local Perspective on a National Journey

Patricia Blissitt, PhD, ARNP-CNS, CCRN, CRN, SCRN, CCNS, CCM, ACNS-BC
Past president MTS-AACN Chapter
Neuroscience CNS
Harborview Medical Center & Swedish Medical Center and Associate Professor BioBehavioral Nursing & Health Systems, University of Washington, Seattle, WA

What Neurotechnology Does and Does Not Do for You

Judy Borish MSN, RN, CCRN, PCCN
Treasurer- MTS AACN Chapter
Independent Critical Care
CNS and ICU Staff RN
Highline Medical Center
Burien, WA

Takotsubo Cardiomyopathy

Elizabeth Bridges, PhD, RN, CCNS, FCCM, FAAN
Clinical Nurse Researcher – UWMC
Professor BioBehavioral Nursing & Health Systems, University of Washington School of Nursing
Seattle, WA

Critical Care Studies You Should Know About

Debbie Brinker, RN, BSN, MSN
Past President – AACN
Assistant Professor
Washington State University
Spokane, WA

AACN CSI Academy: Transforming Clinical & Fiscal Outcomes Through Staff Nurse Driven Change

William Dobyns, MD
Professor of Pediatrics & Neurology,
University of WA Principal Investigator,
Center for Integrative Brain Research Seattle Children’s Research Institute
Seattle, WA

Something New Under the Sun: Zika Virus – Associated Microcephaly and Fetal Brain Disruption

Alex Garrard, PharmD DABAT
Clinical Managing Director- Washington Poison Center
Clinical Assistant Professor
UW School of Pharmacy
Seattle, WA

1st talk: The Toke of the Town: Implications of Medical & Recreational Marijuana
2nd talk: Kids These Days... Newer Drugs of Abuse

Alan Gatward, MD
Pediatric Intensivist
Mary Bridge Children’s Hospital
Tacoma, WA
Abusive Head Trauma – More Than You Ever Wanted To Know

Nikki Graham, RN, MN, CEN
Systems Educator – Behavioral Health, Institute for Learning & Development
Mary Bridge Children’s Hospital
Tacoma, WA

Pediatric Trauma - Informed Care

Kaci Hickox, MSN/MPH, RN
Nurse Educator
Eugene, Oregon
A Glimpse Into Global Nursing- From Primary Care to Ebola Response

Carol Jacobson, RN, MN
Quality Education Services
Partner, Cardiovascular Nursing Education Associates
Burien, WA
Cardiac Arrhythmias: Things They Didn’t Tell You In Your Basic Rhythm Class

Nicole Kupchik, RN, MN, CCNS, CCRN, PCCN
Clinical Nurse Specialist
Nicole Kupchik Consulting
Seattle, WA
1st talk: Unveiling the Mysteries of Mechanical Ventilation 101 (Part 1)
2nd talk: Unveiling the Mysteries of Mechanical Ventilation: ARDS Management (Part 2)

Karen LaRoche, RRT-AACS
Clinical Specialist
Harborview Medical Center
Seattle, WA
1st talk: Unveiling the Mysteries of Mechanical Ventilation 101 (Part 1)
2nd talk: Unveiling the Mysteries of Mechanical Ventilation: ARDS Management (Part 2)

Lori Neptun, RN, MN, CPN, CPHON
Pediatric Clinical Educator
Mary Bridge Children’s Hospital
Tacoma, WA
Pediatric Trauma - Informed Care

Mary Jo Sarver, MN, ARNP, AOCN, CRNI, LNC, VA-BC
Oncology Infusion Services Providence Healthcare Services,
CEO, Sarver Better Living LLC
Everett, WA
Oncology Emergencies: Detecting and Treatment of Tumor Lysis Syndrome & SIADH

Chris Schulman, MS, RN, CCRN
AACN President – Elect
Critical Care CNS
Legacy Health System
Portland, OR
1st talk: Sunset Session - Wine & Cheese Event - The Role of the Gut in Critical Illness and Injury: No Longer an Afterthought
2nd talk: Karen Carlson Keynote Address - Creating an Environment of Expertise: Tapping Into Passions and Talent

Maureen Seckel, APRN, ACNS-BC, CCNS, CRN, FCCM
CNS Medical Pulmonary Critical and Sepsis Leader
Christiana Care Health System
Newark, DE

The New Preload – Measures of Fluid Responsiveness in Sepsis

Susan Smith, DNP, APRN, ACNS-BC
Clinical Nurse Specialist
Baylor Health Care System
Dallas, TX

Behind Closed Eyes: Monitoring the Brain to Balance Your ICU Patient’s Sedation Needs

Heather Stephen-Selby, BSN, MSN, ARNP, RN
Assistant Executive Director of Nursing Practice, WSN
Seattle, WA

Incivility & Lateral Violence: Your Role in Shifting the Culture

Lisa M. Solis, MSN, RN-BC, APRN, PCCN, CCNS-CSC, CCNS, FCCM
Clinical Nurse Specialist Cardiothoracic Surgery Services
Sentara Heart Hospital
Norfolk, VA

Technology Updates for the Care of Advanced Heart Failure (Sponsored by Cheetah Medical)

Kristen Swanson, PhD, RN, FAAN
Dean and Professor
School of Nursing
Seattle University
Seattle, WA

Lifelong Learning and Career Options in Nursing

Kathleen Vollman, MSN, RN, CCNS, FCCM, FAAN
CNS/Consultant
Advancing Nursing LLC
Northville, Michigan

Bugs Be Gone (Sponsored by Sage)

Clareen Wiencek, PhD, RN, ACNP, ACHPN
AACN President
Associate Professor of Nursing, University of Virginia SON
ACNP Program Coordinator
Charlottesville, VA

Introduction & Opening Session

Zelda Wilkinson, RN, BSN
Admissions Coordinator
Kindred Healthcare – Seattle

Some Things to Know About the LGBT Community