

**MOUNTAIN TO SOUND CHAPTER  
OF THE  
AMERICAN ASSOCIATION OF CRITICAL-CARE NURSES**

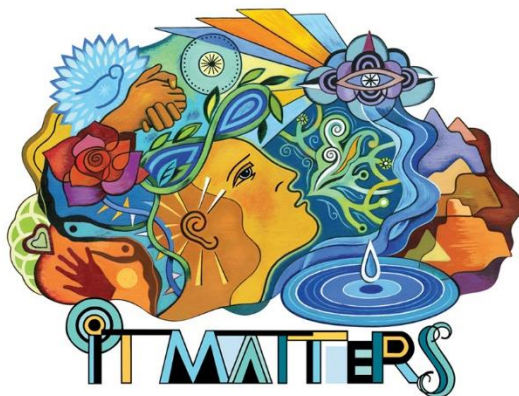


# **40<sup>TH</sup> ANNUAL SYMPOSIUM CURRENTS IN CRITICAL & PROGRESSIVE CARE**

**OCTOBER 3 & 4, 2016**  
LYNNWOOD CONVENTION CENTER

**Don't miss these nationally acclaimed speakers:**

Clareen Wiencek(AACN President), Chris Schulman(AACN President-Elect),  
Dr. William Dobyns (Zika Virus Expert), Nicole Kupchik, Debbie Brinker,  
Dr. Alex Garrard (WA Poison Control), Kathleen Vollman,  
Carol Jacobson, Kaci Hickox and many more  
**including a special Pediatrics track!**



**[www.MTSAACN.ORG](http://www.MTSAACN.ORG)**  
For online registration &  
conference information

7:15 - 8:00 AM		Registration & Continental Breakfast		
8:00 - 9:15 AM	VENDORS OPEN	Introduction & Opening Session Clareen Wiencek AACN President		
9:15 - 9:30 AM		Break		
9:30 - 10:45 AM  Breakout #1		Bugs Be Gone  <i>Sponsored by Sage</i>  Kathleen Vollman  A	Lifelong Learning and Career Options in Nursing  Dr. Kristen Swanson  B	Something New Under the Sun: Zika Virus – Associated Microcephaly and Fetal Brain Disruption  Dr. William Dobyns  C
10:45 - 11:15 AM		Break		
11:15 - 12:30 PM  Breakout #2		Technology Updates for the Care of Advanced Heart Failure  <i>Sponsored by Cheetah Medical</i>  Lisa Soltis  D	Incivility & Lateral Violence: Your Role in Shifting the Culture  Heather Stephen-Selby  E	Abusive Head Trauma – More Than You Ever Wanted To Know  Dr. Alan Gatward  F
12:30 - 1:30 PM		Lunch (Provided) SimWARS		
1:30 - 2:45 PM  Breakout #3		Unveiling the Mysteries of Mechanical Ventilation 101 (Part 1)  Nicole Kupchik & Karen LaRoche  G	Oncology Emergencies: Detecting and Treatment of Tumor Lysis Syndrome & SIADH  Mary Jo Sarver  H	Pediatric Trauma-Informed Care  Lori Neptun & Nikki Graham  I
2:45 - 3:15 PM		Break		
3:15 - 4:30 PM  Breakout #4		Unveiling the Mysteries of Mechanical Ventilation: ARDS Management (Part 2)  Nicole Kupchik & Karen LaRoche  J	Cardiac Arrhythmias: Things They Didn't Tell You In Your Basic Rhythm Class  Carol Jacobson  K	A Glimpse Into Global Nursing- From Primary Care to Ebola Response  Kaci Hickox  L
4:30 - 4:45 PM		Wrap-up & Feedback		
5:00 - 6:15 PM	Sunset Session - Wine & Cheese Event The Role of the Gut in Critical Illness and Injury: No Longer an Afterthought Chris Schulman			

7:15 - 8:00 AM		Registration & Continental Breakfast		
8:00 - 9:15 AM	<b>VENDORS OPEN</b>	<b>Karen Carlson Keynote Address</b> <b>Creating an Environment of Expertise: Tapping Into Passions and Talent</b> <b>Chris Schulman AACN President-Elect</b>		
9:15 - 9:30 AM		Break		
9:30 - 10:45 AM  Breakout #1		<b>The Toke of the Town: Implications of Medical &amp; Recreational Marijuana</b>  Dr. Alex Garrard  A	<b>What Neurotechnology Does and Does Not Do for You</b>  Dr. Pat Blissitt  B	<b>Post-Intensive Care Syndrome (PICS)</b>  Patricia Hetrick  C
10:45 - 11:15 AM		Break		
11:15 - 12:30 PM  Breakout #2		<b>Kids These Days... Newer Drugs of Abuse</b>  Dr. Alex Garrard  D	<b>Takotsubo Cardiomyopathy</b>  Judy Borish  E	<b>Society of Critical Care Medicine ICU Liberation Campaign: Local Perspective on a National Journey</b>  Dr. Griffith M. Blackmon  F
12:30 - 1:30 PM		Lunch (Provided) Door Prizes Awarded, including NTI Registration!!!		
1:30 - 2:45 PM  Breakout #3		<b>Some Things to Know About the LGBT Community</b>  Zelda Wilkinson  G	<b>AACN CSI Academy: Transforming Clinical &amp; Fiscal Outcomes Through Staff Nurse Driven Change</b>  Debbie Brinker  H	<b>Critical Care Studies You Should Know About</b>  Dr. Elizabeth Bridges  I
2:45 - 3:15 PM		Break		
3:15 - 4:30 PM  Breakout #4		<b>A Clinical Review of Gluten Intolerance &amp; Celiac Disease</b>  Nadine Grzeskowiak  J	<b>The New Preload – Measures of Fluid Responsiveness in Sepsis</b>  Maureen Seckle  K	<b>Behind Closed Eyes: Monitoring the Brain to Balance Your ICU Patient's Sedation Needs</b>  Susan Smith  L
4:30 - 4:45 PM		Wrap-up & Feedback		

The Keynote address is sponsored by the MTS Chapter Karen Carlson Fund. In 2007, Seattle lost a wonderful nurse, educator and leader when Karen passed away after an 8 year battle with breast cancer. In memory of her devotion to nursing and AACN, the Karen Carlson Keynote Address was created ♥

# The 40<sup>th</sup> Critical & Progressive Care Symposium

October 3 & 4, 2016

### 3 ways to register:

1. **Online Registration** [www.mtsaacn.org](http://www.mtsaacn.org)
2. **Fax** 267 · 629 · 3758
3. **Mail** MTS · 1425 Broadway #543 · Seattle, WA 98122

Please Print:

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Billing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_ Employer \_\_\_\_\_

Current MTS AACN Member? Yes  No  National AACN# and Expiration Date \_\_\_\_\_

Early Bird Registration Fees (Postmarked by Sept 5)		Regular Registration Fees (Postmarked after Sept 5)	
<input type="checkbox"/> 1 Day <i>Please check date</i> <input type="checkbox"/> 10/3 <input type="checkbox"/> 10/4	\$ 135	<input type="checkbox"/> 1 Day <i>Please check date</i> <input type="checkbox"/> 10/3 <input type="checkbox"/> 10/4	\$ 160
<input type="checkbox"/> 2 Day Member of the MTS Chapter	\$ 185	<input type="checkbox"/> 2 Day Member of the MTS Chapter	\$ 210
<input type="checkbox"/> 2 Day Non Member of the MTS Chapter	\$ 235	<input type="checkbox"/> 2 Day Non Member of the MTS Chapter	\$ 260
<input type="checkbox"/> 2 Day Nursing Student	\$ 150	Nursing School: _____	
<i>** Must present school ID</i>			

Please note which break out session you plan on attending:

Monday Oct 3, 2016 Breakout Sessions				Tuesday Oct 4, 2016 Breakout Sessions					
1	9:30 am - 10:45 am	<input type="checkbox"/> A	<input type="checkbox"/> B	<input type="checkbox"/> C	1	9:30 am - 10:45 am	<input type="checkbox"/> A	<input type="checkbox"/> B	<input type="checkbox"/> C
2	11:15 am -12:30 pm	<input type="checkbox"/> D	<input type="checkbox"/> E	<input type="checkbox"/> F	2	11:15 am -12:30 pm	<input type="checkbox"/> D	<input type="checkbox"/> E	<input type="checkbox"/> F
3	1:30 pm - 2:45 pm	<input type="checkbox"/> G	<input type="checkbox"/> H	<input type="checkbox"/> I	3	1:30 pm - 2:45 pm	<input type="checkbox"/> G	<input type="checkbox"/> H	<input type="checkbox"/> I
4	3:15 pm - 4:30 pm	<input type="checkbox"/> J	<input type="checkbox"/> K	<input type="checkbox"/> L	4	3:15 pm - 4:30 pm	<input type="checkbox"/> J	<input type="checkbox"/> K	<input type="checkbox"/> L
5:00 pm - 6:15 pm <b>Sunset Session</b> <input type="checkbox"/> Yes <input type="checkbox"/> No					<b>Wine &amp; Cheese Event</b> on Monday Oct 3 with <b>Chris Schulman</b>				

### Registration Dues:

I want to join MTS AACN! \$20/year National AACN # and Expiration Date (required) \_\_\_\_\_

Conference Fee \$ \_\_\_\_\_ MTS Membership \$ \_\_\_\_\_ Donation to Karen Carlson Fund \$ \_\_\_\_\_

Total Due \$ \_\_\_\_\_  Check (payable to Mountain to Sound Chapter)  Visa  MC

Credit Card Number \_\_\_\_\_ Exp \_\_\_\_\_ CVV \_\_\_\_\_

**Refund Policy:** Cancellation requests received before September 19, 2016 will be refunded 80% of the registration fees. Cancellation requests received on and after September 19 will receive 50% of the registration fees. The day of the conference, no refunds will be given.

Communicate requests via email: [education@mtsaacn.org](mailto:education@mtsaacn.org)

## ***Symposium***

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Join us in our 40<sup>th</sup> Anniversary Symposium of top notch education for Seattle-area nurses.

## ***Exhibits***

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Participate in our Vendor Passport to win a scholarship registration for NTI next year in Houston.

## ***SimWARS***

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Form a team and compete in this fun, high-energy competition challenging each other in simulated patient scenarios. Takes place during lunch on Mon Oct 3. Sponsored by Laerdal.

## ***Posters***

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Poster submissions will be welcomed. Please visit [www.mtsaacn.org](http://www.mtsaacn.org) for details.

## ***Food Drive***

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We will continue our support of Northwest Harvest Food Bank. Bring a nonperishable food donation each day and we will say thank-you with an extra door prize ticket!

A special *Thank You* to the hardworking members of the 2016 Education Committee

### **Co-chairs**

Donna Rodger, RN, CCRN-CMC

Tarra Calender, MN, RN, CCRN

### **President**

Lapio Choe, BSN, RN, PCCN

### **Industry Relations**

Natalie Alotis Lovely, BSN, RN, CCRN, PCCN

### **Members**

Pat Blissitt, PhD, ARNP-CNS, CCNS

Judy Borish, MSN, RN, CCRN

Khanhvy Doan, BSN, RN

Melissa Hutchinson, MN, CCNS

Mary Jo Kelly, MN, ARNP-CNS, CCRN, ACNS-BC, CCNS

Jamie Myers, BSN, RN

Karen Paulsen, MSN, RN, ACNS-BC

Joya Pickett, PhD, CCNS, ACNS-BC

Medha Raval, BSN, RN

Melinda Slayton, RN, CCRN

Collyn West, MSN, RN, PCCN

If you are interested in becoming more involved in the Mountain to Sound Chapter, please contact:  
[education@mtsaacn.org](mailto:education@mtsaacn.org)

## Speaker Information

### **Griffith M. Blackmon, MD, MPH**

Medical Director  
Critical Care Services  
Harrison Medical Center  
**Society of Critical Care Medicine ICU Liberation Campaign: Local Perspective on a National Journey**

### **Patricia Blissitt, PhD, ARNP-CNS, CCRN, CNRN, SCR, CCNS, CCM, ACNS-BC**

Past president MTS-AACN Chapter  
Neuroscience CNS  
Harborview Medical Center & Swedish Medical Center and Associate Professor BioBehavioral Nursing & Health Systems, University of Washington, Seattle, WA  
**What Neurotechnology Does and Does Not Do for You**

### **Judy Borish MSN, RN, CCRN, PCCN**

Treasurer- MTS AACN Chapter  
Independent Critical Care  
CNS and ICU Staff RN  
Highline Medical Center  
Burien, WA  
**Takotsubo Cardiomyopathy**

### **Elizabeth Bridges, PhD, RN, CCNS, FCCM, FAAN**

Clinical Nurse Researcher – UWMC  
Professor BioBehavioral Nursing & Health Systems, University of WA School of Nursing  
Seattle, WA  
**Critical Care Studies You Should Know About**

### **Debbie Brinker, RN, BSN, MSN**

Past President – AACN  
Assistant Professor  
Washington State University  
Spokane, WA  
**AACN CSI Academy: Transforming Clinical & Fiscal Outcomes Through Staff Nurse Driven Change**

### **William Dobyns, MD**

Professor of Pediatrics & Neurology,  
University of WA Principal Investigator,  
Center for Integrative Brain Research Seattle  
Children's Research Institute  
Seattle, WA  
**Something New Under the Sun: Zika Virus – Associated Microcephaly and Fetal Brain Disruption**

### **Alex Garrard, PharmD DABAT**

Clinical Managing Director- Washington Poison Center  
Clinical Assistant Professor  
UW School of Pharmacy  
Seattle, WA  
1<sup>st</sup> talk: **The Toke of the Town: Implications of Medical & Recreational Marijuana**  
2nd talk: **Kids These Days... Newer Drugs of Abuse**

### **Alan Gatward, MD**

Pediatric Intensivist  
Mary Bridge Children's Hospital  
Tacoma, WA  
**Abusive Head Trauma – More Than You Ever Wanted To Know**

### **Nikki Graham, RN, MN, CEN**

Systems Educator – Behavioral Health, Institute for Learning & Development  
Mary Bridge Children's Hospital  
Tacoma, WA  
**Pediatric Trauma - Informed Care**

### **Nadine Grzeskowiak, RN, BSN, CEN**

RN On Call, Inc. / Gluten Free RN  
**A Clinical Review of Gluten Intolerance & Celiac Disease**

### **Patricia Hetrick, MSN, RN, CCRN, CCNS**

Critical Care CNS  
Harrison Medical Center  
Bremerton, WA  
**Post-Intensive Care Syndrome (PICS)**

### **Kaci Hickox, MSN/MPH, RN**

Nurse Educator  
Eugene, Oregon  
**A Glimpse Into Global Nursing- From Primary Care to Ebola Response**

### **Carol Jacobson, RN, MN**

Quality Education Services  
Partner, Cardiovascular Nursing Education Associates  
Burien, WA  
**Cardiac Arrhythmias: Things They Didn't Tell You In Your Basic Rhythm Class**

### **Nicole Kupchik, RN, MN, CCNS, CCRN, PCCN**

Clinical Nurse Specialist  
Nicole Kupchik Consulting  
Seattle, WA  
1<sup>st</sup> talk: **Unveiling the Mysteries of Mechanical Ventilation 101 (Part 1)**  
2nd talk: **Unveiling the Mysteries of Mechanical Ventilation: ARDS Management (Part 2)**

### **Karen LaRoche, RRT-AACS**

Clinical Specialist  
Harborview Medical Center  
Seattle, WA  
1<sup>st</sup> talk: **Unveiling the Mysteries of Mechanical Ventilation 101 (Part 1)**  
2nd talk: **Unveiling the Mysteries of Mechanical Ventilation: ARDS Management (Part 2)**

### **Lori Neptun, RN, MN, CPN, CPHON**

Pediatric Clinical Educator  
Mary Bridge Children's Hospital  
Tacoma, WA  
**Pediatric Trauma - Informed Care**

### **Mary Jo Sarver, MN, ARNP, AOCN, CRNI, LNC, VA-BC**

Oncology Infusion Services Providence Healthcare Services,  
CEO, Sarver Better Living LLC  
Everett, WA  
**Oncology Emergencies: Detecting and Treatment of Tumor Lysis Syndrome & SIADH**

### **Chris Schulman, MS, RN, CCRN**

AACN President – Elect  
Critical Care CNS  
Legacy Health System  
Portland, OR  
1<sup>st</sup> talk: **Sunset Session - Wine & Cheese Event - The Role of the Gut in Critical Illness and Injury: No Longer an Afterthought**  
2nd talk: **Karen Carlson Keynote Address - Creating an Environment of Expertise: Tapping Into Passions and Talent**

### **Maureen Seckel, APRN, ACNS-BC, CCNS, CCRN, FCCM**

CNS Medical Pulmonary Critical and Sepsis Leader  
Christiana Care Health System  
Newark, DE  
**The New Preload – Measures of Fluid Responsiveness in Sepsis**

### **Susan Smith, DNP, APRN, ACNS-BC**

Clinical Nurse Specialist  
Baylor Health Care System  
Dallas, TX  
**Behind Closed Eyes: Monitoring the Brain to Balance Your ICU Patient's Sedation Needs**

### **Heather Stephen-Selby, BSN, MSN, ARNP, RN**

Assistant Executive Director of Nursing Practice,  
WSNA  
Seattle, WA  
**Incivility & Lateral Violence: Your Role in Shifting the Culture**

### **Lisa M. Soltis, MSN, RN-BC, APRN, PCCN, CCRN-CSC, CCNS, FCCM**

Clinical Nurse Specialist Cardiothoracic Surgery Services  
Sentara Heart Hospital  
Norfolk, VA  
**Technology Updates for the Care of Advanced Heart Failure** (Sponsored by Cheetah Medical)

### **Kristen Swanson, PhD, RN, FAAN**

Dean and Professor  
School of Nursing  
Seattle University  
Seattle, WA  
**Lifelong Learning and Career Options in Nursing**

### **Kathleen Vollman, MSN, RN, CCNS, FCCM, FAAN**

CNS/Consultant  
Advancing Nursing LLC  
Northville, Michigan  
**Bugs Be Gone** (Sponsored by Sage)

### **Clareen Wiencek, PhD, RN, ACNP, ACHPN**

AACN President  
Associate Professor of Nursing, University of Virginia SON  
ACNP Program Coordinator  
Charlottesville, VA  
**Introduction & Opening Session**

### **Zelda Wilkinson, RN, BSN**

Admissions Coordinator  
Kindred Healthcare – Seattle  
**Some Things to Know About the LGBT Community**