



MOUNTAIN TO SOUND CHAPTER AACN
1425 BROADWAY #543
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MOUNTAIN TO SOUND CHAPTER
 OF THE
 AMERICAN ASSOCIATION OF CRITICAL-CARE NURSES



42nd ANNUAL SYMPOSIUM
CURRENTS IN CRITICAL
& PROGRESSIVE CARE

WWW.MTSAACN.ORG
 For online registration &
 conference information



OCTOBER 15th & 16th, 2018
HIGHLINE COLLEGE
DES MOINES, WA
 5 MILES SOUTH OF SEA-TAC AIRPORT

Don't miss these nationally acclaimed speakers:
 Lisa Riggs (AACN President), Megan Brunson (AACN President-Elect),
 Jerry Zimmerman (SCCM President), Erica Liebelt (WA Poison Center),
 Nicole Kupchik, Elizabeth Bridges, Chris Schulman, Pat Blissitt,
 Heather Hand, Debra Gerardi, and many more!

Day 1: Monday, Oct 15, 2018

| | | | | | | | |
|------------------|----------------------|---|---|--|-------------|--|--|
| 7:15 - 8:00 AM | | | | Registration & Continental Breakfast | | | |
| 8:00 - 9:15 AM | VENDORS OPEN at NOON | Introduction & Opening Session Our Voice, Our Strength; Power Beyond Measure Lisa Riggs AACN President | | | | | |
| 9:15 - 9:25 AM | | Break | | | | | |
| 9:25 - 10:40 AM | | Karen Carlson Keynote Address Sepsis Rollercoaster Ride: Sepsis from a Patient and Family Perspective Sponsored by Sepsis Alliance Sharon Hansen and Mark Hansen | | | | | |
| 10:40 - 10:50 AM | | Break | | | | | |
| 10:50 - 12:05 PM | | How to Receive Feedback Elegantly: The Other Side of the Communication Dance Christine Schulman 1 | Physiology of Sepsis and Post-Sepsis Syndrome <i>Sponsored by Sepsis Alliance</i> Sharon Hansen 2 | The Electronic Medical Record, Making it Work! Bronwen O'Neill 3 | Breakout #1 | | |
| 12:05 - 1:30 PM | | Lunch (Provided) | | | | | |
| 1:30 - 2:45 PM | | Emergent Treatment of Pulmonary Embolism: Identification & Rapid Treatment is Key!!! Nicole Kupchik 4 | Pain Management in the Era of an Opioid Crisis Timothy Dawson 5 | Pressure Injury Prevention: Program, Strategies, Best Practice Implementation Margaret Ecklund 6 | Breakout #2 | | |
| 2:45 - 3:15 PM | | Break | | | | | |
| 3:15 - 4:30 PM | | Critical Studies You Should Know About: A Year in Review Nicole Kupchik 7 | IV Fluids can be Lethal: Using Evidence to Guide Fluid Resuscitation <i>Sponsored by Cheetah Medical</i> Becci Stoflet 8 | Mindfulness: Using Pause Principles to Enhance your Nursing Practice Linda Bay 9 | Breakout #3 | | |
| 4:30 - 4:45 PM | | Wrap-up & Feedback | | | | | |
| 5:00 - 6:15 PM | | | | Sunset Session - Wine & Cheese Event The Inner Playground – Inviting Your Playful and Resilient Self Back Into your Work Debra Gerardi | | | |

Day 2: Tuesday, Oct 16, 2018

| | | | | | | | |
|------------------|--------------|---|--|--|-------------|--|--|
| 7:15 - 8:00 AM | | | | Registration & Breakfast with Leaders and Legends | | | |
| 8:00 - 9:15 AM | VENDORS OPEN | Keynote Address Promoting Value in the ICU by Practicing Less is More Jerry Zimmerman SCCM President | | | | | |
| 9:15 - 9:45 AM | | Break | | | | | |
| 9:45 - 11:00 AM | | Management of Acute Decompensated Heart Failure in the ICU Jenny Wong 10 | And the Beat Goes On... Types of Cardiac Surgery Megan Brunson 11 | Let's Talk About Transition: Moving from Pediatric to Adult Setting Alise Owens 12 | Breakout #1 | | |
| 11:00 - 11:30 AM | | Break | | | | | |
| 11:30 - 12:45 PM | | The Increasing Complexity of the Poisoned Patient: Clinical Pearls and Lessons Learned Erica Liebelt 13 | Targeted Temperature Management in the Neuro Patient <i>Sponsored by Zoll</i> Heather Hand 14 | Radiologic Interpretation for the Acute and Critical Care Nurse Carrie Boom 15 | Breakout #2 | | |
| 12:45 - 1:45 PM | | Lunch (Provided) Door Prizes Awarded, including NTI Registration!!! | | | | | |
| 1:45 - 3:00 PM | | Oncology Patients in Intensive Care: Old Emergencies and New Agent Complications Mary Jo Sarver 16 | View from Both Sides: Families Matter! Sheryl Greco 17 | NO SESSION | | | |
| 3:00 - 3:15 PM | | Break | | | | | |
| 3:15 - 4:30 PM | | Military Research to Civilian Practice Elizabeth Bridges 18 | Challenges of Caring for Bariatric Patients in Critical Care Lynda Enos 19 | Stroke: Targeted, Tailored, and Timely Care Pat Blissitt 20 | Breakout #4 | | |
| 4:30 - 4:45 PM | | Wrap-up & Feedback | | | | | |

The Keynote address is sponsored by the MTS Chapter Karen Carlson Fund. In 2007, Seattle lost a wonderful nurse, educator and leader when Karen passed away after an 8 year battle with breast cancer. In memory of her devotion to nursing and AACN, the Karen Carlson Keynote Address was created ♥

Speaker Information

Linda Bay, MSN, RN, ACNS-BC, PCCN

Clinical Nurse Specialist,
VA Medical Center
Milwaukee, WI

Pat Blissitt, PhD, ARNP-CNS, CCRN, CNRN, SCRN, CCNS, CCM, ACNS-BC

Neuroscience Clinical Nurse Specialist,
Harborview Medical Center & Swedish Medical Center,
Seattle, WA

Carrie Boom, MSN, RN, ACNP-BC

University of Washington,
Cardiology

Elizabeth Bridges, PhD, RN, CCNS, FCCM, FAAN

Professor, Biobehavioral Nursing and Health Informatics at University of Washington School of Nursing, Seattle, WA

Megan Brunson, MSN, RN, CNL, CCRN-CSC

President-Elect AACN
Supervisor, Cardiovascular ICU, Medical City Dallas Hospital, Dallas, TX

Timothy Dawson, MD

Pain Medicine, Seattle, WA

Margaret Ecklund, RN, MS, CCRN-K, ACNP-BC

Clinical Nurse Specialist,
Legacy Health, Portland OR

Lynda Enos, RN, BSN, MS, COHN-S, CPE

Ergonomics Consultant,
HumanFit, LLC. Portland, OR

Debra Gerardi, RN, MPH, JD, PCC

Conflict Engagement Specialist; Professional Certified Coach; President & Chief Creative Officer EHCCO, LLC. San Francisco, CA

Sheryl Greco, RN, MN

Critical Care Clinical Nurse Specialist, University of Washington Medical Center, Seattle, WA

Heather Hand, RN, CCRN, CNRN

Clinical Specialist, Zoll

Sharon Hansen, RN, MN, CCRN

Critical Care Educator,
MultiCare Health System,
Tacoma, WA

Mark Hansen

ICU and Sepsis Survivor

Nicole Kupchik, MN, RN, CCNS, CCRN, PCCN-CMC

Independent Critical Care Clinical Nurse Specialist; Owner Nicole Kupchik Consulting and Education, Seattle, WA

Erica Liebelt, MD, FACMT

Executive Director/ Medical Director WA State Poison Center; Clinical Professor of Pediatrics and Internal Medicine, Seattle, WA

Bronwen O'Neill, RN, MSN

Expert Witness, Expert Legal Nurse Consulting; Staff RN & Data Abstractor Providence Regional Medical Center, Everett, WA

Alise Owens, MSN, ARNP, DNP(c)

Pediatrics, Seattle, WA

Lisa Riggs, MSN, APRN-BC, CCRN-K

President AACN
System Director Regulatory Readiness, Saint Luke's Health System, Kansas City, MO

Mary Jo Sarver, RN, ARNP

Providence Everett, WA

Christine Schulman, MS, RN, CNS, CCRN-K

Immediate Past President AACN
Critical Care and Trauma Clinical Nurse Specialist, Legacy Health, Portland, OR

Becci Stoflet, RN, MSN

Clinical Applications Specialist, Cheetah Medical, Phoenix, AZ

Jenny Wong, PharmD

University of Washington, Seattle, WA

Jerry Zimmerman, MD, PhD, FCCM

President SCCM
Faculty in Pediatric Critical Care Medicine, Seattle Children's Hospital, Seattle, WA

Symposium

Join us for our 42nd Annual Symposium: Currents in Critical and Progressive Care featuring nationally acclaimed speakers and exceptional education for greater Seattle-area nurses.

Leaders and Legends Breakfast

Have breakfast on Tuesday morning at 7:15 am with local and national leaders in healthcare! This is your opportunity to sip a cup of coffee, ask questions about how they balance work and life, and gain tips on ways you can become legendary.

Exhibits

Visit our exhibitors to participate in our Vendor Passport to win a scholarship registration for NTI next year in beautiful Orlando, FL.

Posters

To inspire, improve, and promote evidence-based practice please share your work with other critical care nurses! Consider submitting a poster abstract for the upcoming MTS symposium. Find more information at www.MTSAACN.org Small prizes to our 1st three poster winners.

Food Drive

We will continue our support of Northwest Harvest Food Bank. Bring a nonperishable food donation each day and we will say thank-you with an extra door prize ticket!

Hotel Discount

Our chapter has courtesy discounts at two nearby hotels. Mention Mountain to Sound Symposium to receive the discounted rate. Four Points by Sheraton Seattle Airport South \$129/night + tax
Best Western Plus Plaza by the Green 109/night + tax
Visit www.MTSAACN.org for more details

A special *Thank You* to the hardworking members of the 2018 Education Committee

Education Chair

Judy Borish MSN, RN, CCRN, PCCN

Co-Presidents

Pamela K. Popplewell, DNP, RN, ARNP-BC

Collyn West, MSN, RN, PCCN

Industry Relations

Melissa Hutchinson DNP, RN, CCNS

Members

Pat Blissitt, PhD, ARNP-CNS, CCNS

Elaine Clement, RN, MS, PMC-2, CCRN, CHFP, CNML

Kara Dylan, RN, CCRN

Mary Jo Kelly, DNP, ARNP-CNS, CCRN, ACNS-BC, CCNS

Mary S. McCarthy, PhD, RN, CNSC, FAAN

Devorah Overbay, MSN, RN, CNS

Karen Paulsen, MSN, RNC, ACNS-BC

Joya Pickett, PhD, ARNP-CNS, CCNS, ACNS-BC, CCRN

Jordan Tremper, BSN, RN, CCRN-K

If you are interested in becoming more involved in the Mountain to Sound Chapter, please contact:

education@mtsaacn.org

The 42nd Critical & Progressive Care Symposium

October 15 & 16, 2018

2 ways to register:

1. **Online Registration** www.MTSAACN.org
2. **Mail** MTS AACN · 1425 Broadway #543 · Seattle, WA 98122

Please Print:

First Name _____ Last Name _____ State _____ Zip _____
 Billing Address _____ City _____

Email _____ Phone _____ Employer _____

Current MTS AACN Member? Yes No National AACN# and Expiration Date _____

| Early Bird Registration Fees (Postmarked by Sept 17) | Regular Registration Fees (Postmarked after Sept 17) |
|---|---|
| <input type="checkbox"/> 2 Day Member of the MTS Chapter \$ 215 | <input type="checkbox"/> 2 Day Member of the MTS Chapter \$ 240 |
| <input type="checkbox"/> 2 Day Non-Member of the MTS Chapter \$ 265 | <input type="checkbox"/> 2 Day Non-Member of the MTS Chapter \$ 290 |
| <input type="checkbox"/> 1 Day Member of the MTS Chapter | <i>Please check date</i> <input type="checkbox"/> 10/15 <input type="checkbox"/> 10/16 \$ 120 |
| <input type="checkbox"/> 1 Day Non-Member of the MTS Chapter | <i>Please check date</i> <input type="checkbox"/> 10/15 <input type="checkbox"/> 10/16 \$ 145 |
| <input type="checkbox"/> 2 Day Pre-Nursing Student \$ 150 <small>** Must present school ID</small> | Nursing School: |

Please note which break out session you plan on attending:

| Monday Oct 15, 2018 Breakout Sessions | Tuesday Oct 16, 2018 Breakout Sessions |
|--|--|
| 1 11:15 am - 12:30 pm <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 | Leaders & Legends Breakfast <input type="checkbox"/> Yes <input type="checkbox"/> No 7:15 am - 8:00 am |
| 2 1:30 pm - 2:45 pm <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 | 1 9:45 am - 11:00 am <input type="checkbox"/> 10 <input type="checkbox"/> 11 <input type="checkbox"/> 12 |
| 3 3:15 pm - 4:30 pm <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 | 2 11:30 am - 12:45 pm <input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 |
| Sunset Session 5:00 pm - 6:15 pm <input type="checkbox"/> Yes <input type="checkbox"/> No | 3 1:45 pm - 3:00 pm <input type="checkbox"/> 16 <input type="checkbox"/> 17 |
| Wine & Cheese | 4 3:15 pm - 4:30 pm <input type="checkbox"/> 18 <input type="checkbox"/> 19 <input type="checkbox"/> 20 |

Registration Dues:

I want to join MTS AACN! \$20/year National AACN # and Expiration Date (required) _____

Conference Fee \$ _____ MTS Membership \$ _____ Donation to Karen Carlson Fund \$ _____

Total Due \$ _____ Check (payable to Mountain to Sound Chapter) Visa MC

Credit Card Number _____ Exp _____ CVV _____

Refund Policy: Cancellation requests received before September 27, 2018 will be refunded 80% of the registration fees. Cancellation requests received on or after September 27 will be refunded 50% of the registration fees. The day of the conference, no refunds will be given. Email cancellation requests to: education@mtsaacn.org